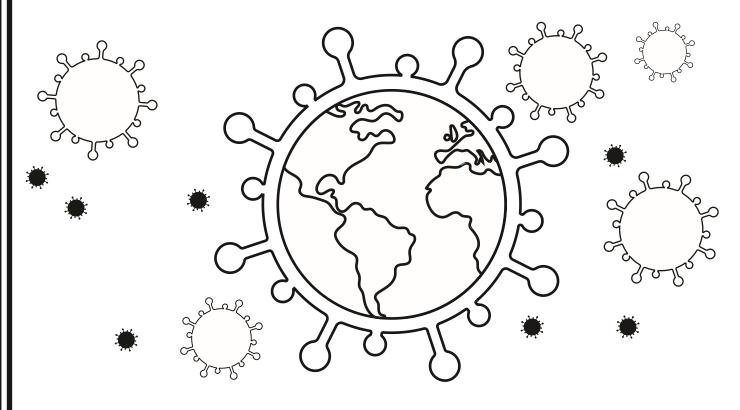
# MY 2020 GOVID-19 TIME CAPSULE



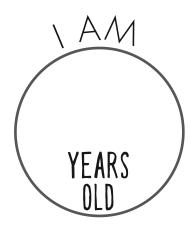
BY:

### YOU ARE LIVING THROUGH HISTORY RIGHT NOW

#### TAKE A MOMENT TO FILL IN THESE PAGES FOR YOUR FUTURE SELF TO LOOK BACK ON. AND HERE ARE SOME OTHER IDEAS OF THINGS TO INCLUDE:

BACK ON. AND HERE ARE SOME OTHER IDEAS OF THINGS TO INCLUDE		
A JOURNAL OF	FROM THIS TIME YOUR DAYS APER PAGES OR CLIPPING	<ul><li>□ ANY ART WORK YOU CREATED</li><li>□ FAMILY / PET PICTURES</li><li>□ SPECIAL MEMORIES</li></ul>
	DRAW A PICTI IRE OF THE PEO	PLE YOU ARE SOCIAL DISTANCING WITH HERE

### VYALL ABOUT ME VY







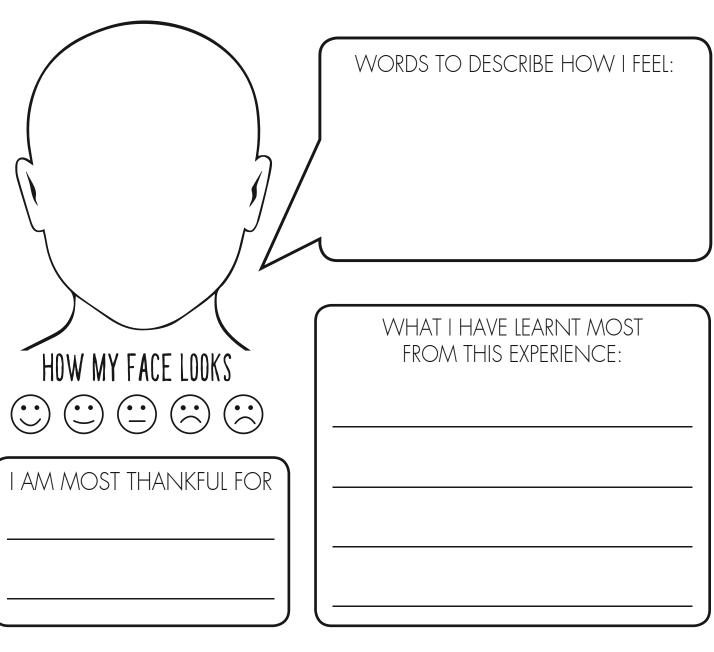


	- MY FAVOURITES	
TOY:		
colour: _		
animal:		
PLACE:		
song:		

MY	BEST	FRIEND/S:

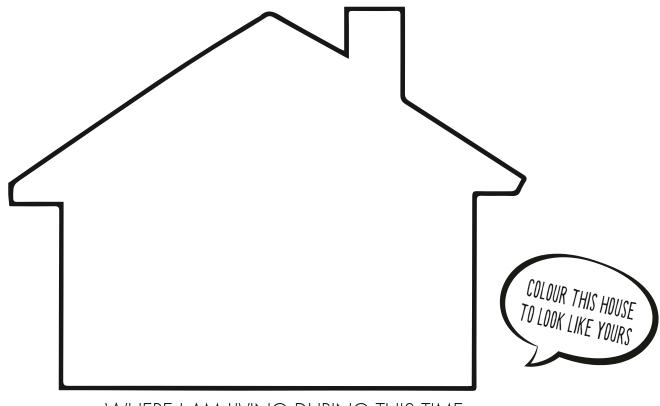
WHEN I	GROW	UP	١	WANT	TO	BE:
DATE:						

### HOW IM FEELING

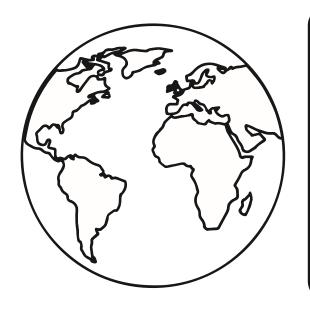


THE 3 THINGS I AM MOST EXCITED TO DO WHEN THIS IS OVER:				
0	2	3		

### MY GOMMUNITY



WHERE I AM LIVING DURING THIS TIME:

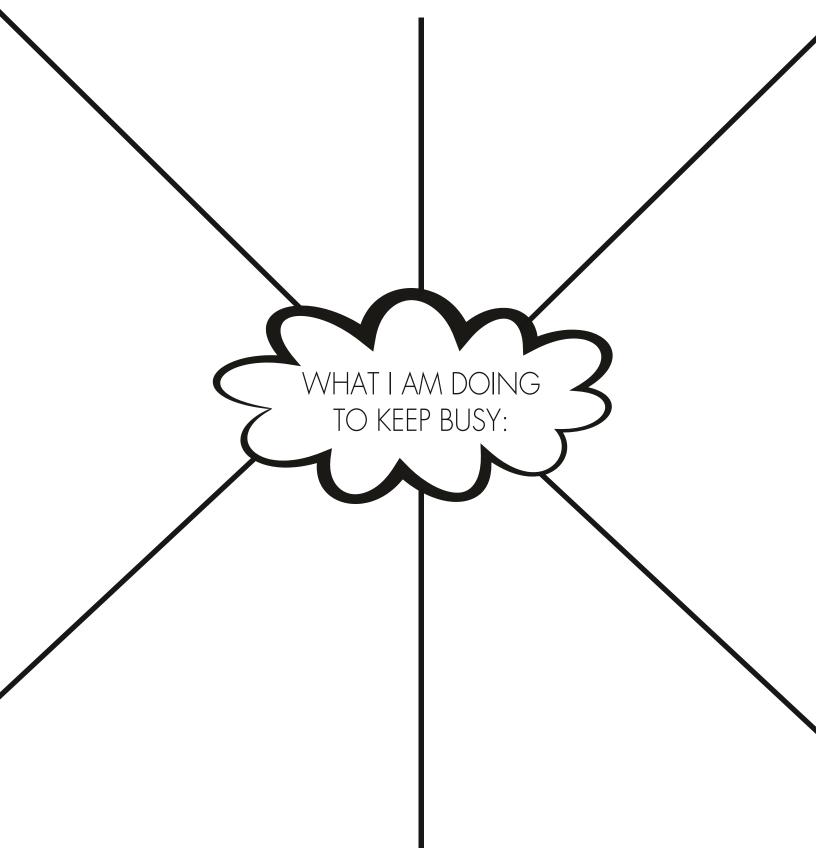


WHAT THINGS ARE YOU DOING TO HELP FEEL CONNECTED/HAVE FUN OUTSIDE (e.g hearts in windows, chalk notes on sidewalk, etc)

HOW ARE YOU CONNECTING WITH OTHERS?



## YOU ARE NOT STUCK AT HOME. YOU ARE SAFE AT HOME!





### SPECIAL OCCASIONS

WHAT OCCASIONS DID YOU CELEBRATE DURING THIS TIME? WRITE THE LIST DOWN HERE AND WHAT YOU DID TO CELEBRATE (E.G. ST. PATRICK'S DAY, EASTER, BIRTHDAYS, ANNIVERSARIES)

EVENT	DATE	HOW YOU CELEBRATED

### LETTER TO MYSELF

DEAR,	
·	_
LOVE,	

#### INTERVIEW YOUR PARENTS

WHAT	HAS	BEEI	V	THE
BIGGI	EST	CHAN	lG	E?

HOW ARE YOU FINDING HOMESCHOOLING?



HOW ARE YOU FEELING?

YOUR TOP 3 MOMENTS FROM THIS EXPERIENCE:

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3.

WHAT ACTIVITIES/HOBBIES HAVE YOU MOST ENJOYED DOING?

WHAT ARE YOU MOST THANKFUL FOR?

WHAT TV SHOW YOU WATCHED : \_\_\_\_\_

YOUR NEW FOUND FAVOURITE INSIDE FAMILY ACTIVITY:

FAVOURITE FOOD TO BAKE:

FAVOURITE TIME OF DAY:

GOAL/S FOR AFTER THIS:

### LETTER FROM YOUR PARENTS

DFAD	
DEAR,	
	_
LOVE,	
LOVL,	